# RANDOMIZED EXPERIMENTS AND OBSERVATIONAL STUDIES: CAUSAL INFERENCE IN STATISTICS

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ABSTRACT. This talk describes the theory of causal inference in randomized experiments and nonrandomized observational studies, using two simple theoretical/actual examples for illustration. Key ideas: causal effects, randomized experiments, adjustments for observed covariates, sensitivity analysis for unobserved covariates, reducing sensitivity to hidden bias using design strategies.

# 1. Seven Key Contributions to Causal Inference

1.0.1. **Ronald A. Fisher (1935).** The Design of Experiments. Edinburgh: Oliver & Boyd. Although Fisher had discussed his randomized experiments since the early 1920's, his most famous discussion appears in Chapter 2 of this book, in which Fisher's exact test for a  $2 \times 2$  table is derived from randomization alone in the experiment of the 'lady tasting tea.'

1.0.2. Jerzy Neyman (1923). On the application of probability theory to agricultural experiments. Essay on principles. Section 9. (In Polish) Roczniki Nauk Roiniczych, Tom X, pp1-51. Reprinted in English in Statistical Science, 1990, 5, 463-480, with discussion by T. Speed and D. Rubin. In this paper, Neyman writes the effects caused by treatments as comparisons of potential outcomes under alternative treatments.

1.0.3. Cornfield, J., Haenszel, W., Hammond, E., Lilienfeld, A., Shimkin, M., and Wynder, E. (1959). Smoking and lung cancer: Recent evidence and a discussion of some questions. Journal of the National Cancer Institute 22 173-203. This paper contains the first sensitivity analysis in an observational study, replacing the qualitative statement that 'association does not imply causation' by a quantitative statement about the magnitude of hidden bias that would need to be present to explain away the observed association between treatment and response.

1.0.4. **Donald T. Campbell (1957)**. Factors relevant to the validity of experiments in social settings. *Psychological Bulletin*, 54, 297-312. This is an early paper in Campbell's forty years of highly influential writings about observational studies or quasi-experiments, as he called them. Campbell insisted that the legitimate concern that 'association does not imply causation' must be given tangible form in specific rival explanations or 'threats to validity.' Once specified, a rival explanation led Campbell to study designs with added features to distinguish that rival explanation from an effect of the treatment.

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1.0.5. Austin Bradford Hill (1965). The environment and disease: Association or causation? Proceedings of the Royal Society of Medicine, 58, 295-300. Along with Richard Doll, Hill had been an author of some of the most influential observational studies providing evidence of the harmful effects caused by cigarette smoking. This particular paper proposed various considerations intended to aid judgement about whether an observation association between treatment and outcome is causal. The details of some of Hill's suggestions remain controversial, but his general point is not. We approach a study of treatment effects with scientific knowledge that certain patterns of effects are plausible and others are not. That knowledge, combined with expanded study of observed associations, provides evidence that aids in distinguishing actual effects from hidden biases.

1.0.6. William G. Cochran (1965). The planning of observational studies of human populations (with Discussion). Journal of the Royal Statistical Society, A,128, 134-155. This paper defined observational studies in parallel with randomized experiments, systematically developing the tasks in research design, adjustments for observed covariates, and addressing hidden bias from unmeasured covariates.

1.0.7. Donald B. Rubin (1974). Estimating causal effects of treatments in randomized and nonrandomized studies. Journal of Educational Psychology, 66, 688-701. Although it had been fairly standard since the 1920's to define treatment effects in randomized experiments as comparisons of potential outcomes under alternative treatments, this important paper began applying the notation systematically in observational studies. Arguably for the first time, the statement 'association does not imply causation' was written down formally, so that the observable association was one population quantity, the effect caused by the treatment was another, and the two were equal in a randomized experiment but not in a nonrandomized study. The paper provides formal insights into adjustments, when they might lead to consistent estimates of treatment effects, when they would fail.

# 2. A RANDOMIZED EXPERIMENT

### 2.1. $2 \times 2$ Table in a Randomized Experiment.

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2.1.1. Potential Responses, Causal Effects. (Reference: Neyman (1923), Rubin (1974) Example: B. Fisher, et al. 2002) n women,  $i = 1, \ldots, n$ . Each woman ihas two potential responses,  $(r_{Ti}, r_{Ci})$ , where:

$r_{Ti}$	$= \begin{bmatrix} 1 & \text{if woman } i \text{ would have cancer} \\ \text{recurrence with lumpectomy alone} \\ 0 & \text{if woman } i \text{ would not have cancer} \\ \text{recurrence with lumpectomy alone} \end{bmatrix}$
$r_{Ci} =$	<ul> <li>1 if woman <i>i</i> would have cancer</li> <li>recurrence with lumpectomy+irradiation</li> <li>0 if woman <i>i</i> would not have cancer</li> <li>recurrence with lumpectomy+irradiation</li> </ul>

but we see only one response or the other; never see the causal effect,  $\delta_i = r_{Ti} - r_{Ci}$ ,  $i=1,\ldots,n.$ 

2.1.2. Finite population. A finite population of n = 1,262 women. The  $(r_{Ti}, r_{Ci})$ are 2n fixed numbers describing the finite population. Nothing is random.

TABLE 1. Observable Table: Response by Treatment.

	$\begin{array}{c} Recurrence\\ R_i = 1 \end{array}$	No recurrence $R_i = 0$	Total
No rads $Z_i = 1$	$\sum Z_i R_i$	$\sum Z_i (1-R_i)$	m
$\begin{array}{l} \text{Rads} \\ Z_i = 0 \end{array}$	$\sum (1-Z_i) R_i$	$\sum (1-Z_i) \ (1-R_i)$	n-m

TABLE 2. Observable Table in Terms of Potential Reponses: Equals Table 1.

	$\begin{array}{c} Recurrence\\ R_i = 1 \end{array}$	No recurrence $R_i = 0$	Total
No rads $Z_i = 1$	$\sum Z_i r_{Ti}$	$\sum Z_i (1 - r_{Ti})$	m
$\begin{array}{c} \text{Rads} \\ Z_i = 0 \end{array}$	$\sum (1-Z_i) r_{Ci}$	$\sum \left(1 - Z_i\right) \left(1 - r_{Ci}\right)$	n-m

2.1.3. No effect. Is it plausible that irradiation does nothing? Null hypothesis of no effect.  $H_0: \delta_i = 0, i = 1, ..., n$ .

2.1.4. Measures of effect. Estimate the average treatment effect:  $\frac{1}{n} \sum_{i=1}^{n} \delta_i$ . How many more women A had a recurrence of cancer because they did not receive irradiation? (Attributable effect)

2.1.5. Randomized Experiment. (Fisher 1935) Pick m of the n people at random and give them treatment condition T. In the experiment, m = 634, n = 1, 262. This means that each of the  $\binom{n}{m} = \binom{1,262}{634}$  treatment assignments has the same probability,  $\binom{1,262}{634}^{-1}$ . The only probabilities that enter Fisher's randomization inference are created by randomization. Write  $Z_i = 1$  if i is assigned to T and  $Z_i = 0$  if i is assigned to C; then  $Z_i$  is a random variable. Also,  $m = \sum_{i=1}^{n} Z_i$ .

2.1.6. Observed response. The observed response,  $R_i = Z_i r_{Ti} + (1 - Z_i) r_{Ci} = r_{Ci} + Z_i \delta_i$ , is a random variable because it depends on  $Z_i$ . That is, Table 1 equals Table 2.

2.1.7. Attributable effect. How many more women A had a recurrence of cancer because they did not receive irradiation?  $A = \sum Z_i \, \delta_i = \sum Z_i \, (r_{Ti} - r_{Ci})$ . Not observed. A random variable. Table 2 and Table 3 differ by the attributable effect, A.

2.1.8. Testing hypothesized effects. Consider the hypothesis  $H_0$ :  $\delta_i = \delta_{0i}$ ,  $i = 1, \ldots, n = 1262$  with the  $\delta_{0i}$  as possible specified values of  $\delta_i$ . If  $H_0$  were true, then  $R_i - Z_i \delta_{0i}$  would equal  $r_{Ci}$ , and Table 4 would equal Table 3 and would have the hypergeometric distribution. Basis for test. Table 1 and Table 4 differ by the hypothesized value of the attributable effect,  $A_0 = \sum Z_i \delta_{0i}$ .

3. A MATCHED OBSERVATIONAL STUDY

3.1. Notation.

	Recurrence	$No\ recurrence$
	$r_{Ci} = 1$	$r_{Ci} = 0$
No rads	$\sum Z_{i} m_{i} m_{i}$	$\sum Z_{i} (1 - m r_{i})$
$Z_i = 1$	$\sum D_i + C_i$	$\sum Z_i (1 - IC_i)$
Rads	$\sum (1 - Z_i) m = i$	$\sum (1  \mathbf{Z}_{i}) (1  \mathbf{z}_{i})$
$Z_i = 0$	$\sum (1 - Z_i) T_{Ci}$	$\sum (1 - Z_i) (1 - T_{C_i})$

TABLE 3. Table of Responses That Would Have Been Observed Had Treatment Been Withheld. Not observed.

TABLE 4. Observed Table Adjusted for Hypothesized Treatment Effect. Would Equal Table 3 if the Hypothesis Were True.

	Recurrence	No recurrence
	$R_i = 1$	$R_i = 0$
No Rads $Z_i = 1$	$\sum Z_i (R_i - Z_i \delta_{0i})$	$\sum Z_i  \left(1 - R_i + Z_i  \delta_{0i}\right)$
$\begin{array}{c} \text{Rads} \\ Z_i = 0 \end{array}$	$\sum (1-Z_i) R_i$	$\sum \left(1 - Z_i\right) \left(1 - R_i\right)$

TABLE 5. Blood lead levels, in micrograms of lead per decaliter of blood, of exposed children whose fathers worked in a battery factory and age-matched control children from the neigborhood. Exposed father's lead exposure at work (high, medium, low) and hygiene upon leaving the factory (poor, moderate, good) are also given. Adapted for illustration from Tables 1, 2 and 3 of Morton, et al. (1982).

s Exposure	<b>F</b> undation	Hygiene	Exposed Child's	Control Child's	Dose
	Exposure		Lead Level $\mu g/dl$	Lead Level $\mu g/dl$	Score
1	high	good	14	13	1.0
2	$\operatorname{high}$	$\mathbf{moderate}$	41	18	1.5
<b>3</b>	high	poor	43	11	2.0
;	:	:	:	:	:
33	low	poor	10	13	1.0

3.1.1. Lead example. Example is: Morton, et al. (1982). S = 33 pairs,  $s = 1, \ldots, S = 33$ , with 2 subjects in each pair, i = 1, 2.

3.1.2. One treated, one control in each pair. Write  $Z_{si} = 1$  if the  $i^{th}$  subject in pair s is treated,  $Z_{si} = 0$  if control, so  $Z_{s1} + Z_{s2} = 1$  for every s, or  $Z_{s2} = 1 - Z_{s1}$ .  $\mathbf{Z} = (Z_{11}, Z_{12}, \ldots, Z_{S1}, Z_{S2})^T$ . There are  $2^S$  possible  $\mathbf{Z}$ , and a paired randomized experiment would pick one at random.

3.1.3. Potential responses, causal effects, finite population, as before. Each of the 2S subjects (s, i) has two potential responses, a response  $r_{Tsi}$  that would be seen under treatment and a response  $r_{Csi}$  that would be seen under control. (Neyman 1923, Rubin 1974). Treatment effect is  $\delta_{si} = r_{Tsi} - r_{Csi}$ . Additive effect,  $r_{Tsi} - r_{Tsi}$ 

 $r_{Csi} = \tau$  or  $\delta_{si} = \tau$  for all s, i. The  $(r_{Tsi}, r_{Csi})$ ,  $s = 1, \ldots, S$ , i = 1, 2, are again fixed features of the finite population of 2S subjects.

3.1.4. Observed responses, as before. Observed response is  $R_{si} = r_{Tsi}$  if  $Z_{si} = 1$  or  $R_{si} = r_{Csi}$  if  $Z_{si} = 0$ , that is,  $R_{si} = Z_{si} r_{Tsi} + (1 - Z_{si}) r_{Csi} = r_{Csi} + Z_{si} \delta_{si}$ . If effect is additive,  $R_{si} = r_{Csi} + Z_{si} \tau$ .

3.1.5. Treated-minus-control differences. If  $r_{Tsi} - r_{Csi} = \tau$ , then the treated-minuscontrol difference in observed responses in pair s is  $D_s = (Z_{s1} - Z_{s2})(r_{Cs1} - r_{Cs2}) + \tau$ . In general, with  $\delta_{si} = r_{Tsi} - r_{Csi}$ ,  $D_s = (Z_{s1} - Z_{s2})(r_{Cs1} - r_{Cs2}) + Z_{s1}\delta_{s1} + Z_{s2}\delta_{s2}$ .

# 3.2. Inference in a Paired Randomized Experiment.

3.2.1. Wilcoxon's signed rank statistic. W ranks the  $|D_s|$  from 1 to S, and sums the ranks of the positive  $D_s$ . Alternatively, W is the number of positive Walsh averages,  $(D_s + D_{s'})/2$ , with  $1 \le s \le s' \le S$ .

3.2.2. Null distribution of W in a randomized experiment. If  $H_0: \delta_{si} = 0$  were true for  $s = 1, \ldots, S$ , i = 1, 2 in a randomized experiment, then  $D_s = (Z_{s1} - Z_{s2}) (r_{Cs1} - r_{Cs2})$ where  $Z_{s1} - Z_{s2}$  is  $\pm 1$  where randomization ensures  $\Pr(Z_{s1} - Z_{s2} = 1) = \frac{1}{2}$ , independently in different pairs, and  $r_{Cs1} - r_{Cs2}$  is fixed in Fisher's finite population, so  $|D_s| = |r_{Cs1} - r_{Cs2}|$  is fixed, as is its rank, so ranks independently add to W with probability  $\frac{1}{2}$ , generating W's distribution. Uses just fact of randomization and null hypothesis, so forms the "reasoned basis for inference," in Fisher's phrase.

3.2.3. Inference about additive effects in randomized experiments. If  $H_0: \delta_{si} = \tau_0$  were true for  $s = 1, \ldots, S$ , i = 1, 2 in a randomized experiment, then  $D_s - \tau_0 = (Z_{s1} - Z_{s2})(r_{Cs1} - r_{Cs2})$ , and W computed from  $D_s - \tau_0$  has the usual null distribution of the signed rank statistic. This test is inverted for confidence intervals and Hodges-Lehmann point estimates. Again, the inference uses only the fact of randomization and the null hypothesis being tested. Additive effects may be dropped; inference then concerns offsets attributable to treatment.

### 3.3. Simple Model for Observational Studies.

3.3.1. Unknown treatment assignment probabilities. An observational study is a study of treatment effects in which each person has an unknown probability of treatment, typically different probabilities for different people.

3.3.2. Simple model. In some finite population of people, j = 1, ..., J, person j has probability  $\pi_j = \Pr(Z_j = 1)$  of exposure to treatment, independently, where  $\pi_j$  is not known. Probabilities are always conditional on things we regard as fixed, usually measured and unmeasured covariates, potential outcomes,  $(r_{T_j}, r_{C_j})$ , etc.

3.3.3. Covariates. The people, j = 1, ..., J, in the finite population have observed covariates  $\mathbf{x}_j$  and unobserved covariate  $u_j$ . In the example,  $\mathbf{x}_j$  describes child's age and neighborhood.

3.3.4. Exact matching for observed covariates. Select S pairs, i = 1, 2, one treated, one control, from the J people in the population. Match exactly for  $\mathbf{x}$ , so that  $\mathbf{x}_{s1} = \mathbf{x}_{s2}$  for each  $s, s = 1, \ldots, S$ . In this simplest case, the matching algorithm is permitted to use only  $\mathbf{x}$  and  $1 = Z_{s1} + Z_{s2}$ . Within matched pairs, the relevant treatment assignment probabilities are conditional probabilities  $\Pr(Z_{s1} = 1 | Z_{s1} + Z_{s2} = 1)$ .

# 3.4. Adjustments for Observed Covariates: When Do They Work?

3.4.1. Free of hidden bias. Treatment assignment is free of hidden bias if  $\pi_j$  is a (typically unknown) function of  $\mathbf{x}_j$  — two people with the same  $\mathbf{x}_j$  have the same  $\pi_j$ .

3.4.2. Matching works if free of hidden bias. If free of hidden bias and we match exactly for  $\mathbf{x}$ , so  $\mathbf{x}_{s1} = \mathbf{x}_{s2}$ , then

$$(3.1) \quad \Pr\left(Z_{s1} = 1 \mid Z_{s1} + Z_{s2}\right)$$

 $=\frac{\pi_{s1}\left(1-\pi_{s2}\right)}{\pi_{s1}\left(1-\pi_{s2}\right)+\pi_{s2}\left(1-\pi_{s1}\right)}=\frac{1}{2}$ 

because  $\pi_{s1} = \pi_{s2}$ . A little more work shows that we get the randomization distribution by conditioning. Identifies the key assumption, but of course, doesn't make it true. In contrast, in an experiment, randomization makes the assumption true.

3.4.3. Divides methods. Methods of adjustment for  $\mathbf{x}$  should work when study is free of hidden bias. Need other methods to address concerns about whether the study is free of hidden bias.

# 3.5. Propensity Scores.

3.5.1. Many covariates. If  $\mathbf{x}$  is of high dimension, it's hard to match. With just 20 binary covariates, there are  $2^{20}$  or about a million covariate patterns.

3.5.2. Propensity scores. If the study is free of hidden bias, then two people with the same  $\mathbf{x}_j$  have the same  $\pi_j$ , so  $\pi_j$  is a function of  $\mathbf{x}_j$ , say  $\pi_j = e(\mathbf{x}_j)$ , which is then called the propensity score. If the study is free of hidden bias, then don't need to match on high dimension  $\mathbf{x}$ , just need to match on the scalar  $e(\mathbf{x})$ : if  $e(\mathbf{x}_{s1}) = e(\mathbf{x}_{s2})$  then  $\pi_{s1} = \pi_{s2}$ , and (3.1) is true even if  $\mathbf{x}_{s1} \neq \mathbf{x}_{s2}$ .

3.5.3. Whether or not the study is free of hidden bias, matching on propensity scores  $e = e(\mathbf{x})$  tends to balance the observed covariates  $\mathbf{x}$  used in the score. Define  $e = e(\mathbf{x}) = \Pr(Z = 1 | \mathbf{x})$ , so the study is free of hidden bias if  $\pi_j = e(\mathbf{x}_j)$  for all j, but  $e(\mathbf{x})$  is defined even if  $\pi_j$  depends on things besides  $\mathbf{x}$ . Then

$$\Pr\left(\mathbf{x} \mid Z = 1, e\right) = \Pr\left(\mathbf{x} \mid Z = 0, e\right) \text{ or } \mathbf{x} \mid | Z \mid e(\mathbf{x});$$

see Rosenbaum and Rubin (1983).

#### 3.6. Addressing Bias from Unobserved Covariates: Sensitivity Analysis.

3.6.1. Common objection. Critic says: "Adjusting for  $\mathbf{x}_j$  is not sufficient, because there is an unobserved  $u_j$ , and adjustments for  $(\mathbf{x}_j, u_j)$  were needed."

3.6.2. Question answered by a sensitivity analysis. If the critic's objection were true, if the association between treatment  $Z_j$  and response  $R_j$  were due to hidden bias from  $u_j$ , then what would  $u_j$  have to be like? What is the critic's counter claim is actually claiming? The answer varies markedly: studies vary markedly in how sensitive they are to hidden bias. First sensitivity analysis by Cornfield, et al. (1959) concerned smoking and lung cancer.

3.6.3. Sensitivity Model. Before matching, two subjects, j and k, with the same observed covariates,  $\mathbf{x}_j = \mathbf{x}_k$ , may differ in terms of  $u_j$  and  $u_k$  so that their odds of exposure to treatment differ by a factor of  $\Gamma \geq 1$ ,

(3.2) 
$$\frac{1}{\Gamma} \le \frac{\pi_j \left(1 - \pi_k\right)}{\pi_k \left(1 - \pi_j\right)} \le \Gamma.$$

Free of hidden bias if  $\Gamma = 1$ . If  $\Gamma > 1$ , the unknown  $\pi_j$  cannot be eliminated, as before, by matching on  $\mathbf{x}_j$ , so the randomization distribution is no longer justified. If  $\Gamma = 1.001$ , the  $\pi_j$  are unknown, but almost the same, but if  $\Gamma = 5$ ,  $\pi_j$  are unknown and could be very different. Plan: For each  $\Gamma \ge 1$ , find upper and lower bounds on inference quantities, like P-values (or endpoints of confidence intervals), for  $\pi_j$ 's satisfying (3.2). Report these for several  $\Gamma$ . When do conclusions begin to change? Replaces qualitative "association does not imply causation," by a quantitative statement based on observed data, "to explain away observed associations as noncausal, hidden biases would have to be of such and such a magnitude."

As before, match on observed covariates  $\mathbf{x}$ , to form S pairs,  $s = 1, \ldots, S$ , i = 1, 2, with  $\mathbf{x}_{s1} = \mathbf{x}_{s2}$ , one treated, one control,  $Z_{s1} + Z_{s2} = 1$ . Then (3.2) implies:

$$\frac{1}{1+\Gamma} \le \Pr\left(Z_{s1} = 1 \mid Z_{s1} + Z_{s2}\right) \le \frac{\Gamma}{1+\Gamma}$$

which places sharp upper and lower bounds on the distribution of W and resulting inferences. Whole argument applies much more generally.

# 3.7. Addressing Bias from Unobserved Covariates: Pattern Specificity.

3.7.1. Fisher's View. Cochran (1965, §5) "About 20 years ago, when asked in a meeting what can be done in observational studies to clarify the step from association to causation, Sir Ronald Fisher replied: 'Make your theories elaborate.' The reply puzzled me at first, since by Occam's razor, the advice usually given is to make theories as simple as is consistent with known data. What Sir Ronald meant, as subsequent discussion showed, was that when constructing a causal hypothesis one should envisage as many different consequences of its truth as possible, and plan observational studies to discover whether each of these consequences is found to hold. ... this multi-phasic attack is one of the most potent weapons in observational studies."

3.7.2. Pattern Matching and Sensitivity to Hidden Bias. Can determine whether pattern specificity reduces sensitivity to hidden bias, and if so, by how much. Can appraise strategies for the design of observational studies in terms of the degree to which they reduce sensitivity to hidden bias.

### 4. Summary

4.0.3. *Causal effects.* Comparison of potential outcomes under competing treatments — not jointly observable (Neyman 1923, Rubin 1974).

4.0.4. *Randomized experiments.* Permit inference about the effects caused by treatments (Fisher 1935).

4.0.5. *Observational studies: Adjustments.* Without randomization, adjustments are required. Straightforward for observed covariates, but there might be important covariates that you did not observe. (Cochran 1965)

4.0.6. *Observational studies: Sensitivity analysis.* What would unobserved covariates have to be like to alter conclusions? (Cornfield, et al.)

4.0.7. Observational studies: Pattern matching, elaborate theories. Reducing sensitivity to hidden bias. (Campbell 1988, Hill 1965, Cochran 1965)

### 5. BIBLIOGRAPHY

Much of the material in this talk is discussed in my book, Rosenbaum, P. R. (2002) Observational Studies,  $2^{nd}$  edition, NY: Springer Verlag.

Key: AE = Attributable effects; CE = Causal effects; EG = Example used in talk; OS = Observational studies; PM = Pattern matching; PS = Propensity score; RE = Randomized experiments; RI = Randomization inference; SA = Sensitivity analysis.

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